

Hamilton

HIGH STREET RESIDENCE



*The Lower Mainland's Newest
Resort-Style Retirement Community*

MANAGED BY



PROJECT BY



HAMILTON HIGH STREET RESIDENCE

Welcome home, and to a life full of health, vitality, and choices. This is where independence meets peace of mind. Live life on your own terms, tailored to your own needs. We are focused on active and engaged living in a walkable, social, and convenient neighbourhood. Join a progressive independent living community where you can be care-free and live in the moment. This is where people come together and a new friend, experience or adventure is right around the corner.

Residents of Hamilton High Street love the variety of amenities and activities. The fireside lounge, with views of the beautiful gardens is the ideal place to meet friends and family, while the expansive courtyard promises exciting community events and family barbecues. And forget the gym membership—everything you need is here at home! Get in shape in the fully-equipped exercise room, swim a few laps at the indoor pool, join an aqua-fit or yoga class – it is all part of the High Street Residence lifestyle.

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NEW COAST LIFESTYLES

A leading provider of progressive living for active and discerning retirees who value community, independence, and quality of life.

Hamilton High Street Residence is proudly managed by New Coast Lifestyles. Our cruise-like concept offers an impressive combination of exciting amenities, engaging activities, and outstanding hospitality with a mix of independent, assisted living, and memory care services. We are dedicated to offering you and your family the best in progressive care, comfort and convenience in a cruise-like environment designed to exceed your every expectation.

MISSION To provide an environment where you can be you.

VISION We strive for setting the standard for North American boutique retirement communities and plan on having fun while doing it!

VALUES Health, wellness, cleanliness, safety, choices, humour, innovation, education, technology and music.

MY TIME DINING

Continental breakfast, lunch and dinner await you every day!



Whether you choose to eat in Cranberry's Dining Room or at Wizard's Bistro or simply order your meal to your room, you will be treated with Red Seal Chef prepared cuisine.

My Time Dining gives you the choice and freedom to dine at times that are convenient to you.

Attend happy hour in the lounge and enjoy a glass of wine, beer or your drink of choice with friends and family.

AMENITIES



THEATRE

Visions Theatre offers a wide screen viewing experience with surround sound for those special movies or big sporting events. Join friends and invite your family!

Visions Theatre also serves as our advanced education centre and will feature regularly scheduled lectures and thought provoking discussions.

HAPPY HOUR

Join Happy Hour in Wizard's Bistro* and enjoy a beverage, a glass of wine, a beer or a cocktail with your friends and family. At Wizard's bistro you can also enjoy a fresh coffee, cappuccino, hot chocolate or delight in a freshly made frozen yogurt.

Have fun, joke around, and enjoy being yourself in the social hub of the community.

Experience Cruise-Like Living



SALON*

The *Hello Gorgeous* Salon awaits you - get a cut, colour, manicure or pedicure, or all! Just make an appointment and our expertly trained staff will do the rest.



BARBERSHOP*

The *Little Off The Top* Barber Shop serves as a social gathering place where gentlemen can not only get a trim but also play a game of cards, grab a beer or watch the game in a more private setting.



TUCK SHOP*

Ran out of toothpaste, need a postcard to mail out to your friends or just want a salty snack? Just head downstairs and shop at our very own private store stocked up with our residents' preferred items.



POOL TABLE

Play a game of billiards overlooking the grand lobby and enjoy snacks in the country kitchen. This games area is also equipped with a television where residents can catch the news or live sports games.

*Charges may apply

ACTIVE LIFESTYLE

Ignite your mind, body and ingenuity by joining our daily activities program and live life to the fullest. Take advantage of the health benefits associated with maintaining an active living routine and take pride in your independence.



CREATIVE ARTS & ACTIVITY CENTRE

Set up as a multi-purpose activity room and demonstration kitchen, this is one special room that is designed for fun and learning.

Watch or participate in a cooking or craft class ... maybe take a Tai Chi class ... or how about a game of poker ... or ... you tell us what your favourites are and we will be committed to make it happen.



HEALTH CENTRE

Stay active in our unique Health Centre which includes a swimming pool, therapy pool, and hot tub. A well equipped exercise room is available to maintain or increase your level of fitness, mobility and range of motion.

Whether exercising, leisurely swimming, or lounging poolside, this is one feature you and your family are sure to enjoy.

ART IN THE GARDEN

Let your imagination and creativity flourish and set up an easel to have fun with water colours in the serene outdoor setting. In addition, join our chef in tending the raised beds herb garden.

HEALTH AND WELLNESS

Our highly trained Wellness Nurse and dedicated staff provide a Resident centered approach to retirement living. They are available to provide wellness checks and emergency responses as well as emotional support and guidance.

INDEPENDENT LIVING

Living at Hamilton High Street Residence empowers your independence and freedom to live your life worry free. Take the time to uncover a new passion in your life by delegating the household chores to our team and by really focusing on what you need to make your life beautiful.

ASSISTED LIVING

Continue living with dignity in your home by coordinating with the wellness team to have scheduled assistance in the privacy of your suite. Here at Hamilton High Street, our dedicated and skilled team can provide you with care for your changing needs. Assisted Living at our Residence is also ideal for those who require medication management.

MEMORY CARE

Our Memory Care neighbourhood, the West Wing, provides a higher level of personalized attention with daily support and care that enhances the quality of life in a safe, relaxed and secure environment.

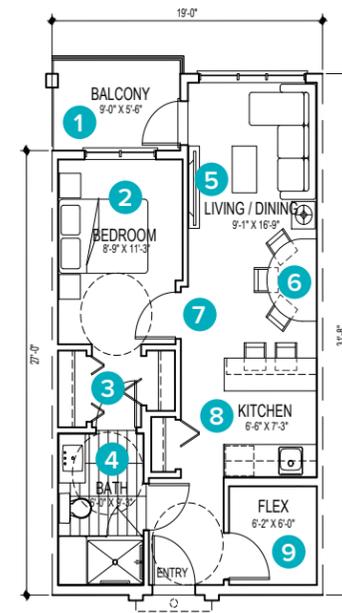
We offer 12 private studios in a fully secure area. Comfortable home-like suites feature an environment that is light, warm and cheerful. The lounge and airy space provide a calming atmosphere. Floor to ceiling windows and an outdoor enclosed garden is a private sanctuary to enjoy all seasons.



RENTAL SUITES

Rental Suites start from 317 sq.ft. and include light weekly housekeeping and unlimited access to Cranberry's Dining Room and all amenities, programs and services. Assisted Living services are available in the rental suites with fees applied as needed.

Studio Suites	317 - 422 sq.ft.
One Bedroom Suites	465 - 594 sq.ft.
One Bedroom & Flex Suites	549 - 577 sq.ft.
Two Bedroom Suites	673 - 703 sq.ft.



1. Extend your home into the beauty of outdoor living on your private balcony.
2. Customize the bedroom with your queen size bed, your favourite artwork and turn it into a serene retreat.
3. Walk-through closet provides ample space and easy access to the bathroom through the bedroom.
4. Spacious bathroom features a large walk-in shower and is equipped with an emergency pull chord monitored 24/7.
5. Worry-free communications package includes Cable TV, Wireless Internet, and Telephone
6. Bring warmth into your living space by furnishing it with a comfortable dining set and a cozy couch where you can enjoy your favourite TV shows.
7. Enjoy radiant in-floor heating throughout your suite.
8. Your kitchenette features a large peninsula with ample cabinet space, a sink and a fridge for your favourite snacks.
9. Have fun with the flex space by turning it into a second closet, personal office or laundry room.

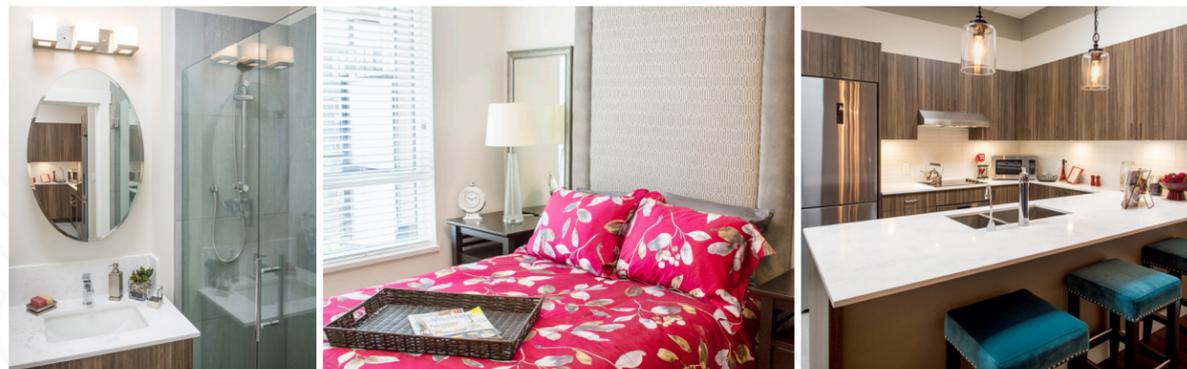


PREMIUM CONDO SUITES



Hamilton High Street presents Premium lifestyle choices in the East Wing which offers diversification and flexibility with resort-style amenities. Premium Suites start from 600 sq.ft., have a kitchen with oven, stovetop, dishwasher, in-suite laundry and include a meal credit to Cranberry's Dining Room, bi-weekly housekeeping, and access to all amenities, programs and services Hamilton High Street Residence has to offer.

One Bedroom Premium Suites	600 - 680 sq.ft.
Two Bedroom Premium Suites	850 - 855 sq.ft.



COMMUNITY PARTNERS

Hamilton High Street Residence partners with several senior resource providers to make additional services available in the community.



SEMINARS AND LUNCH & LEARNS

Learn more about art, technology, mental health, financial management and more by joining one of our scheduled free seminars.



SUPPLEMENTARY WELLNESS SERVICES

For one-on-one personalized sessions, we have partnered with various industry professionals who provide their services at market price in a designated space in the community. This includes services like physiotherapy, aquatic therapy, registered massage, foot care, eye care, hearing tests and dental care.

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RESPITE AND GUEST STAYS



Hamilton High Street Residence offers the flexibility of short term stays for residents who would like to try out the Hamilton experience or have had a life changing event and need rest and rejuvenation prior to returning home. This service is offered at a daily rate and may include assistance with activities of daily living.

DRIVE TIME MAP

A mere twenty-minute drive for over 750,000 people, making your new home very convenient for friends and family who will want to come and visit.

Hamilton's unique location in the centre of the Lower Mainland allows residents to live in the middle of it all, yet away from the busy hustle and bustle of the big city. Add in the community-minded design, with bicycle and pedestrian friendly streets, along with the tranquility of neighbouring agricultural land, peaceful parks and riverfront trails, and you've got a one-of-a-kind feeling of urban serenity you'd be hard pressed to find anywhere else.



BE YOU

INDEPENDENT • SAFE • HAPPY • PURPOSEFUL • CURIOUS • WORRY FREE

Hamilton

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